



THE CASTLE INN

MAINS

SAUSAGE AND MASH (GF)	£7.95
"Watson & Woollard" Cumberland sausage and creamy homemade mash, served with peas and onion gravy	
FISH AND CHIPS (DF)	£7.95
"Kendal Fisheries" haddock in beer batter and hand cut chips, served with mushy peas and tartare sauce	
SCAMPI AND CHIPS (DF)	£6.95
Whole tail scampi and hand cut chips, served with mushy peas and tartare sauce	
CHICKEN CLUB SALAD (DF) (GF)	£7.95
Chicken breast, bacon, avocado, served on a bed of baby spinach, rocket and cherry tomatoes	
VEGETARIAN LASAGNE (V)	£7.95
Courgette and aubergine lasagne with layers of tomato and white sauce, served with side salad	
CHICKEN BREAST BURGER	£7.95
Chicken breast, Cheddar cheese and bacon in a ciabatta bread served with hand cut chips	
BEEF BURGER	£7.95
Homemade minced beef burger, Cheddar cheese and bacon in a ciabatta bread served with hand cut chips	
BEAN, PEA AND SPINACH BURGER (V)	£7.95
With cheese in a ciabatta bread served with hand cut chips	
GAMMON, EGG AND CHIPS (DF)	£7.95
11oz gammon, 2 fried eggs and hand cut chips	

SANDWICHES

Sandwiches served on white or brown bread, with homemade coleslaw and salad (Toasted available)

EGG MAYO (V)(DF)	£3.50	CHEESE & TOMATO (V)	£3.50
TUNA MAYO (DF)	£3.50	BEEF & MUSTARD (DF)	£3.95
HAM & CHEESE	£3.95	BLT (DF)	£3.95

JACKET POTATO & SALAD

CHEESE AND BEANS (V) (GF)	£4.95	CREAM CHEESE AND CHIVES (V) (GF)	£4.95
TUNA MAYO (GF) (DF)	£4.95	CHILLI CON CARNE & CHEESE (GF)	£4.95

PIES

Pies served with creamy mash, peas and gravy

MINCE BEEF AND ONION	£6.95
CHEESE AND ONION	£6.95
STEAK	£7.95
MEAT AND POTATO	£6.95
CHICKEN AND MUSHROOM	£6.95

SIDES

HAND CUT CHIPS (GF)(DF)(V)	£2.50
MINI LOADED NACHOS (V)	£2.95
SCAMPI (DF)	£2.95
CRISPY CHICKEN WINGS (GF)(DF)	£2.95
CHICKEN/FISH GOUJONS (DF)	£2.95
CHEESY GARLIC LÁNGOS BREAD (V)	£2.50
BREADED GARLIC MUSHROOMS (V)(DF)	£2.95
ONION RINGS (V)(DF)	£2.50
CALAMARI (DF)	£2.95

ALL MEALS AVAILABLE IN SMALLER PORTIONS FOR £2 LESS OR EXTRA LARGE FOR ADDITIONAL £2 (V) - VEGETARIAN (GF) – GLUTEN FREE (DF) – DAIRY FREE

SPECIALS AND DESSERTS ARE DISPLAYED IN THE BAR AREA. OR ASK STAFF FOR DETAILS

Food Allergies and Intolerances: Before you order your food and drinks please speak to our staff if you want to know about our ingredients. *All weights quoted are approximate, prior to cooking. Some fish dishes may contain bones. All dishes are subject to availability. All prices include VAT. Wholetail may contain one or more tails. All photography is for guidance only. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-use kitchen environment. (v) Items suitable for vegetarians.



13 CASTLE STREET, KENDAL, LA9 7AA

drinkaware.co.uk
for the facts
FU24446

SUNDAY ROAST

CHOICE OF BEEF, LAMB OR CHICKEN

Served with creamy cheesy leeks,
brussel sprouts with bacon,
carrots, broccoli,
Yorkshire pudding and roast potatoes

£9.95

VEGETARIAN OPTION AVAILABLE

LIMITED NUMBER AVAILABLE

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